

DATE SMARTER GUIDE



THE 3 BEST FACIAL INTELLIGENCE™ TIPS TO FINDING YOUR IDEAL PARTNER

By Michelle Butt

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Michelle Butt

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Introduction

Eight years ago, I found myself divorcing with four kids; blindsided by a huge betrayal by my husband and a dear friend. I'm sure you can connect the dots.

Being a Holistic Life Coach who helped other people find clarity in their lives, I embarked on a journey to find clarity in my own life, which for me, meant finding the best tools I could to help me understand what I hadn't seen that took my marriage in the direction it did and how I could choose and navigate future relationships in a much smarter, more informed way.

This quest led me to many relationship studies and courses and most importantly to the study of Face Reading. When I realized that a person's face (their features, markings, wrinkles, etc.) could tell me about their personality traits, their emotional habits and even what their relationship with their mother was like, I knew I hit the gold mine! In large part, Face Reading helped me to understand that some of the features that I found physically attractive in my husband's face were some of the ones that created our communication breakdowns. Face Reading changed the way I looked at everyone and even the way I looked at myself.

Now, I could combine all the knowledge I had gathered in Coach training and relationship studies with Face Reading to create the Facial Intelligence™ Body of Work. Facial Intelligence knowledge provides an Understanding Advantage to Human Relating that allows for smart choices and decisions when communicating and connecting with others.

People will tell you that dating and love should be organic, that if you try to date smart you won't find true love. The thing is, this is a false assumption. The only way to find true love is to know what you are looking for, and how to see it when it shows up. We eat smart, work smart, and get smart about our health. Why wouldn't we also build our relationships smartly as well?

AND Believe me, how you want to feel and knowing from the face of another if they are capable of invoking those feelings in you and for you is an important and vital part of dating smart, the Facial Intelligence way.

And now, you are about to begin your Facial Intelligence™ Journey so you can Date Smart and truly know how to find the love of your life.

Facial Intelligence™ DATE SMARTER Tip #1

GET CRYSTAL CLEAR FOR YOU

Get crystal clear on **Your Top Three Personality Traits:**

What three Personality qualities are your most strong or that your close friends would say are representative of you.

I.E. Caring, Driven, Funny, Outspoken, Spontaneous, etc.

(Here's the thing. I ask you to get clear on this first because what you say you are, may not be what your face is saying you are or what you are projecting and that could be why you may not be attracting who you want. To find out more about what your face says about your innate personality, you can book a private Facial Intelligence Discovery Session [here](#)).

YOUR TOP THREE PERSONALITY TRAITS:

1. _____
2. _____
3. _____

Facial Intelligence™ DATE SMARTER Tip #2

GET CRYSTAL CLEAR ON WHAT YOU WANT

Get crystal clear on **The Top Three Personality Traits You want in Your Ideal Mate:**

What are the three things you want to see most from a personality perspective in the person you want as a mate? These are personality characteristics, not physical features or attributes. (So, tall, athletic, etc. are not appropriate answers here.)

I.E. Giving, Thoughtful, Driven, Spiritual, Authentic, Trustworthy, etc.

YOUR IDEAL MATE'S TOP THREE PERSONALITY TRAITS:

1. _____
2. _____
3. _____

Now that you have some initial clarity on what you want and who you are, we can begin to apply Facial Intelligence mapping techniques to build a personality and physical profile to follow when searching for the right person for you. (To find out more on how to do this book your own Facial Intelligence Discovery Session [here](#).)

Facial Intelligence™ DATE SMARTER Tip #3

THE EYES ARE NOT THE WINDOWS TO THE SOUL

Now that you are clearer on who you are and what you want from a mate, let's apply some Facial Intelligence™ to searching process by targeting one of the most talked about and looked at features of the face in the context of love.

The Eyes are not the windows to the soul, contrary to popular belief. The Eyes are the doors to communication. That is, they are an indicator of how open to communicating and how trusting a person is or is willing to be.

And since **communication is the number one priority** in relationships and dating, let's look at some examples:

FIGURE A: Eyes that are narrowly held open



FIGURE B: Eyes that are widely held open



If a person has eyes that are narrowly held open, (FIGURE A) then this person is less open to communication initially. It means that they will take longer to trust and will take in way more than they give from a communication stand point, until they feel safe or deem you to be trustworthy. So it may take time to draw out details of their life or feelings from them. They may not always be willing to share what is inside and may not be big conversationalists.

This doesn't mean that you can't communicate with our have deep conversations with someone with these eyes. It does mean, however, that it will take time for them to open up to you if they will and that trust could be a potential hot button for them. Communication will take a lot of effort with someone with these eyes.

If one of your TOP 3 was "open communicator," then choosing a date with eyes as in FIGURE A may not satisfy that criteria for you. Can you see the logic and the magic in the knowledge of understanding just this one feature in your search for your ideal mate?

On the other hand, if a person has eyes that are widely held open, (FIGURE B) then this person is very open to communication. This is someone who will gladly share their feelings and thoughts with you and be open to hearing and sharing your thoughts and feelings. They will most likely be a trusting individual for whom long deep conversations are joyful and welcome. They will be warm and communication will be a very important aspect of a relationship for them.

If one of your TOP # was "warm, open communicator," then choosing a date with eyes as in FIGURE B would most likely satisfy that criteria for you.

If communication is in your top 3 then now, as you look at dating profiles or meet someone in person, just by looking at their eyes, you can begin to get a sense for what the communication on a date or in a relationship will be like.

When looking at your own eyes, you can see what type of communicator you naturally are. Does what you see in the mirror resonate with your behavior, especially in relationships? Can you see how just your eyes, give others an insight into your openness to share with them your thoughts and feelings?

Can you think back to past dates or relationships and recall their eyes and see if the shape of them may have shaped some of your communication synchronicities or challenges?

The Challenge

The challenge in dating is knowing precisely what you are looking for.

Get very clear on what qualities you want in a partner and then use tools like Facial Intelligence to know how to find that, or at least weed out your deal breakers.

You must also be clear on who you are. Your own face tells you what your patterns truly are, not whom you think you are or are willing to become for another person. This is important to remember.

People tend to think that the other person is just like them or that once they know what you need, they will love you enough to accommodate those needs.

The reality is we can all only be who we are and there are innate patterns we display.

To learn more join our next **Date Smarter – The Facial Intelligence™ Advantage Webinar Series**, [register here](#).